



Baldonnel Broncos



PLAYGROUND UPDATE

Installation of our new playground is still scheduled for the week of October 22nd-26th. We are still looking for lots of volunteers so please contact the office if you are able to help!

House Team Leader Board

| Event | Stingrays | Blackbirds | Tornadoes |
|------------------|-------------|-------------|-------------|
| Loudest Cheer | 200pts | 200pts | 200pts |
| Sept Recycling | 859pts | 1241pts | 1056pts |
| Hat/Jersey Day | 69pts | 72pts | 58pts |
| Terry Fox Coin D | 241pts | 213pts | 173pts |
| Totals | 1369 | 1726 | 1487 |



Save the Date

October 4th

Carnival Meeting 9am

October 8th

Thanksgiving – No School

October 9th

School Photos

October 8th-12th

Fire Prevention Week

October 13th

Grade 5/6 Soccer Tourney

October 15th

PAC Meeting – 7pm

October 19th

Pro-D Day – No School

October 22nd-26th

Playground Installation

Carnival/PAC Update

Our PAC would like to welcome aboard a number of new members this year: Sara Hotte (Vice President), Yvonne Preete (Secretary) and Angie Kingsep (Director). We would also like to thank Mrs. Nicole McAvany for stepping forward and offering to chair our carnival committee. **This year's carnival has been scheduled for November 9th and carnival meetings will be held every Thursday morning in the staff room starting at 9am. It would be great to see a few more parents come out to these meetings!**

Reminders

Verification Sheets

Please review these sheets and contact the office if things have changed. It is extremely important that we have all the proper contact information for each of our student's.

School Fees/WWP Rental

If you haven't already done so, please pay these at the office as soon as possible.

Campbell's Soup Labels

Please remember that our school collects these as they earn our students a variety of equipment that gets used during their free time. We are also looking for a volunteer to enter these labels on-line. Please contact the office if you are able to help.

Operation Christmas Child

Filling shoeboxes for students in need is just around the corner and we are looking for someone to take charge and organize this. Please contact Kim Liwiski (kliwiski@prn.bc.ca) if you are interested.

Volleyball Coaches

Volleyball season will be starting at the end of the month, please contact the office if you are interested in helping with a team this year.

Canteen/Hot Lunch

Our first Hot Lunch will be this coming Friday as it will be pizza day. We hope to have our canteen stocked and open for business next week on a daily basis. All items are \$1 or less, please see the list on the next page.

Canteen Menu

BEVERAGES

Water, apple juice, orange juice, white milk & chocolate milk.

SNACKS

Cheese strings, fruit bars, granola bars, gold fish crackers, frozen yogurt tubes, apple sauce & fruit cups.

LUNCH

Pogos, pepperoni/bacon pizza pops & deluxe pizza pops.

HOT LUNCH

Tuesday's – Booster Juice

Friday's – Dominoes Pizza (We usually have a few extra slices for sale after pre-orders have been delivered to classrooms)

Attending school should be your child's #1 responsibility

The research on attendance is clear: Missing too much school hurts learning. Being tardy or absent makes it hard to keep up ... and when one student falls behind; it can affect the whole class. As your child heads back to school, commit to being prompt and present. It helps to:

- Talk about attendance. In addition to learning, what are the benefits of being on time? Seeing friends at the bus stop and starting the day relaxed are 2 examples.
- Prepare at night. Choose outfits and put school items by the door. Enforce a reasonable, regular bedtime. You can also make lunches and even plan breakfast.
- Schedule carefully. Check the school calendar when making appointments and planning vacations. Work around school hours to minimize absences.
- Set expectations. Tell your child that school is a family priority. Explain that being responsible now will lead to big accomplishments later.

Help your elementary schooler take responsibility for learning

You have work to do every day and so does your child! As the school year begins, encourage her to see learning as an important duty she can enjoy. Research shows this will help her succeed. Make it a priority to:

- Speak positively about school. How will your child use what she learns? What goals will she reach with her education? Compliment teachers, classes and your child's abilities. Recall positive experiences you had as a student.
- Help your child stay organized. Choose a simple-to-use system that keeps school papers in order. Together, tidy your child's school bag frequently. Pick a quiet, regular time and place for studying, too.
- Encourage time management. If your child receives a weekly homework packet, help break it into daily assignments. When older kids are assigned long-term projects, divide them into small parts with manageable deadlines.

Make sure you are giving your child praise in the right ways

Make sure your praise is meaningful by:

- Meaning what you say. When your child hears nonstop praise, he is probably going to tune it out. Save your compliments for meaningful times when they're likely to sink in.
- Be honest.
- Emphasize effort. Put special focus on things your child works hard to do, even if they aren't a big deal to others.

Chores build responsibility and confidence

How do your child's chores compare to ones you had at her age? According to a survey, kids aren't required to do as much today as kids did in the past. That means today's kids may lack chances to develop traits that could help them in school and throughout life. When adding chores to your fall schedule:

- Choose carefully. Pick jobs that are challenging, but manageable. (Your Child might water household plants, for example.) Remember that everyday responsibilities, such as putting away toys, studying and clearing dishes after dinner, aren't "chores".
- Limit rewards. If you give your child an allowance, separate it from chores. Everyone should be expected to pitch in and feel great about doing so. Make comments like, "It helps so much when you set the table! Thanks!"
- Make work fun. Chores should not be intolerable or feel like punishments. Turn cleaning into a game by setting a timer to "beat the clock." Or listen to an audio book or music.
- Consider advantages. Age appropriate chores have countless benefits for your child. Among them are confidence, responsibility, pride, exercise, and consideration for others and more time for family fun!